



A ○	B ○	C ○	D ○
A + 7 =	B + 3 =	C + 1 =	D + 9 =
E ○	F ○	G ○	H ○
E + 7 =	F + 3 =	G + 1 =	H + 9 =
I ○	J ○	K ○	L ○
I + 7 =	J + 3 =	K + 1 =	L + 9 =
M ○	N ○	O ○	P ○
M + 7 =	N + 3 =	O + 1 =	P + 9 =
Q ○	R ○	S ○	T ○
Q + 7 =	R + 3 =	S + 1 =	T + 9 =
U ○	V ○	W ○	X ○
U + 7 =	V + 3 =	W + 1 =	X + 9 =
Y ○	Z ○	a ○	b ○
Y + 7 =	Z + 3 =	a + 1 =	b + 9 =
c ○	d ○	e ○	f ○
c + 7 =	d + 3 =	e + 1 =	f + 9 =
g ○	h ○	i ○	j ○
g + 7 =	h + 3 =	i + 1 =	j + 9 =
k ○	l ○	m ○	n ○
k + 7 =	l + 3 =	m + 1 =	n + 9 =
o ○	p ○	q ○	r ○

PnP-7319-4 v2

The Famous 7319 Rundown for Pick 4 Pencil & Paper Version

Instructions:

Write the last draw of your PICK 4 lottery into the first Circle row (ABCD) on the left.

Note that each circle is assigned a letter starting with A. The letters help you find your play selections.

Now you add 7, 3, 1 or 9 to the digit on the top according to the formula listed and write the result in the circle below starting with A+7=E, B+3=F, C+1=G, D+9=H. If the result is 10 or higher use only the last digit of the result. Complete the same calculations on each new row until you reach k+7=o, l+3=p, m+1=q and n+9=r. **And you are done!**

Did you calculate right? If you did the bottom row opqr should be the same as the top row ABCD. **Congratulations!**

This workout creates 9 basic combinations you can play or choose from: EFGH, IJKL, MNOP, QRST, UVWX, Yzab, cdef, ghij and klmn.

Suggestion: If the most recent draw was a **double** (one digit occurs twice in the draw), a **triple** (one digit occurs three times) or even a **quadruple** (all digits are the same) use the most recent **single** (all digits are different) to start out with.

Good Luck!

We hope you enjoy completing this little workout as much as we enjoyed putting it together for you. If you like it please visit the Pencil & Paper Workout Area at <http://www.pick34.com/paper> for more workouts and donations. Thank you and God bless!

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